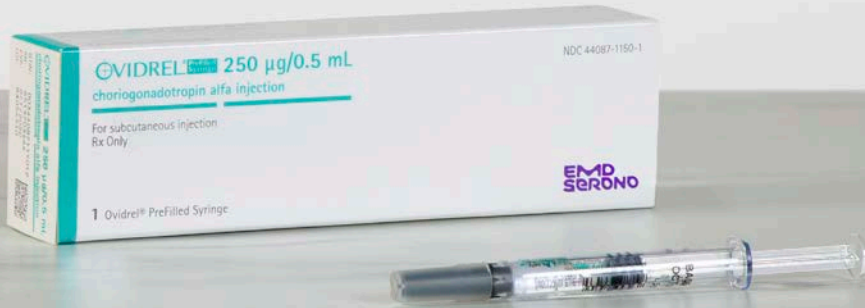


# Simple Steps for Self-Injection of Ovidrel®



For illustration purposes only.

*Confidence matters*

Since 2001, Ovidrel® has been a trigger shot used by over 3.5 million patients pursuing parenthood.

## INDICATIONS

### What are the uses of Ovidrel® Pre-Filled Syringe (choriogonadotropin alfa injection)?

Ovidrel® Pre-Filled Syringe (choriogonadotropin alfa injection) is indicated for the final egg maturation to get ready for egg retrieval. Women who receive Ovidrel® have undergone pituitary desensitization and have been appropriately pre-treated with follicle stimulating hormone (FSH) as a part of an Assisted Reproductive Technology (ART) program such as in vitro (IVF) fertilization and embryo transfer.

Ovidrel® Pre-Filled Syringe is also indicated for the induction of ovulation (OI) and pregnancy in infertile patients who do not ovulate, and in whom the cause of infertility is functional and not due to primary ovarian failure.

## IMPORTANT RISK INFORMATION

### Who should not use Ovidrel® Pre-Filled Syringe?

Ovidrel® Pre-Filled Syringe should not be used in patients:

- With allergies to hCG or any other ingredients in the medication
- With primary ovarian failure (the ovaries no longer produce eggs)
- With uncontrolled thyroid or adrenal disease
- Cancer of the brain such as pituitary tumor
- With a history of abnormal bleeding from the uterus or vagina
- With swollen, enlarged, or painful ovaries
- With cancer of the sex organs
- Who are pregnant

## How to use Ovidrel®

Ovidrel® should be injected into the lower abdomen, at least one inch away from the belly button. Always take your injection exactly as your doctor has instructed.

**Please read the following instructions carefully.**

### PREP: Before you get started



Remove your medicine from the refrigerator approximately 30 minutes before use.



Gather everything you need on a clean, flat surface:

- one Ovidrel® PreFilled Syringe
- two alcohol swabs
- one sharps container



Wash your hands with soap and water, then wipe the skin at the injection site with an alcohol pad

**Ovidrel® PreFilled Syringe is intended for a single subcutaneous injection. Any unused material should be discarded.**

Before starting Ovidrel®, tell your healthcare professional about all your medical conditions. Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088. Or contact EMD Serono at 1-800-283-8088.

**Please see Important Risk Information continued on page 2 and accompanying full Prescribing Information.**

## Step 1: Preparing the syringe and your injection site



Carefully remove the cap from the syringe.

**Do not touch the needle or allow it to touch any surface.**



With the needle facing upward, gently tap on the syringe until all the bubbles rise to the top.



Slowly depress the plunger until a small drop of liquid appears at the tip of the needle.



Choose an injection site on your abdomen. Clean the skin at your chosen site with the alcohol swab.

## Step 2: Injecting your medicine



Pinch the previously cleaned skin around the injection site with one hand.



Insert the entire length of the needle into the skin at an upward angle of 45° to 90°, then release the pinched skin.



Slowly depress the plunger until all medication is injected.



Withdraw the needle and discard the syringe in your sharps container. **See FAQs for safe disposal of used needles, vial, and syringe.**

## FAQs

### How do I properly dispose of Ovidrel® syringe?

Syringe should be disposed in an FDA-cleared sharps disposal container immediately after use.

If you do not have a sharps container, **do not throw away loose needles and vials in your household trashcan.** Instead, use a container that is:

- made of heavy-duty plastic
- able to be closed with a tight-fitting, puncture-resistant lid
- upright and stable during use
- leak resistant
- properly labeled to warn of hazardous waste inside the container

For more information, visit [www.fda.gov/safesharpsdisposal](http://www.fda.gov/safesharpsdisposal).

### Can I still use my medication if I left it outside in a car during hot or cold weather?

Ovidrel® must be stored away from light. Store your prefilled syringe in the refrigerator between 36°F and 46°F to allow it to be used until the expiration date shown on the carton. If kept at room temperature (up to 77°F), Ovidrel® PreFilled Syringe must be discarded after 30 days.

### IMPORTANT RISK INFORMATION (continued)

#### What is the most important information I should know before taking Ovidrel?

- Mild to moderate uncomplicated ovarian enlargement which may be accompanied by abdominal distention and/or abdominal pain may occur in patients treated with FSH and hCG.
- Ovarian Hyperstimulation Syndrome (OHSS) may progress rapidly from uncomplicated ovarian enlargement and become a serious medical event. Early signs of OHSS include severe pelvic pain, nausea, vomiting, and weight gain. Call your doctor right away if you think you might be having symptoms of OHSS.
- Treatment with Ovidrel® may result in becoming pregnant with more than one baby.
- Blood clots may result from treatment with Ovidrel®.
- It is not known whether this drug is present in human milk. Because many drugs are excreted in human milk, tell your doctor if you are nursing.

#### What are the most common side effects of Ovidrel® Pre-Filled Syringe?

The most common side effects in women using Ovidrel® Pre-Filled Syringe include abdominal pain, nausea, and vomiting. Needle injections may cause some discomfort.

These are not all the possible side effects of Ovidrel®. For more information, read the product labeling, and ask your healthcare provider or pharmacist.

Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**Please see Full Prescribing Information and Patient Education for Ovidrel® provided with this tear pad and in your product carton, or visit [EMDSeronoFertility.com](http://EMDSeronoFertility.com)**



### MORE SUPPORT

Scan the QR code to watch an injection video for Ovidrel® (choriogonadotropin alfa injection)

For more support materials, visit [EMDSeronoFertility.com](http://EMDSeronoFertility.com).